

Most Common Warning Signs for a Heart Attack

Men

- Mid-chest discomfort or pressure
- Neck/Jaw/Throat discomfort or pressure
- Dizziness
- Arm/Shoulder discomfort or pressure
- Shortness of breath
- Nausea/Vomiting
- Unusual Fatigue
- Sweating
- Arm/Shoulder/Hand discomfort or pressure
- Heartburn

Women

- Shortness of breath
- Nausea/Vomiting
- Mid-chest discomfort or pressure
- Abdominal/Mid-back discomfort or pressure
- Neck/Jaw/Throat discomfort or pressure
- Dizziness
- Sweating
- Left side pain
- Sense of impending doom
- Heartburn

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